

17 JANUARY 2021

CHALK FARM CORPS SUNDAY NEWSLETTER



God is our light and God is our sunshine,
Lighting our pathway from day unto day;
In him we trust when all else seems dreary,
For with his sunshine he brightens our way.

*Sunshine, sunshine, shining along our pathway,
Guiding, guiding, just where the Saviour would go;
Shining, shining when all the way seems gloomy,
Jesus lights our way up to Glory with sunshine rays.*

Sometimes we're tempted, often grow weary,
'Tis for the sunshine at such times we pray;
Then through the dark his bright rays come beaming,
Turning our darkness and fears all away.

Richard Nuttall (1891-1946) SASB 834

This coming Monday is labelled the most depressing day of the year due to the bad weather, long nights, or lack of finances after Christmas. The climbing peak of the COVID pandemic is likely to add greatly to 'Blue Monday'. So let us be careful in these days to feed our soul with some sunshine.

It may be damp and cold outside but for those locked indoors the rays of 'Son-shine' can light upon us. The Son is our Lord Jesus Christ who comes bearing the Kingdom of light in his train. Richard Nuttall writes: *'God is our light and God is our sunshine; Lighting our pathway from day unto day'*. How might you brighten up your day? The key is in turning to the Son – Jesus – in worship. I suggest just three things might help you as they always help me:

1: Worship God in Praise & Song

Sing songs from your heart to Christ. Sing praises over everything, any excuse for a song to God the Father in the name of our Master, Jesus Christ. (Ephesians 5: 19-20, The Message)

We are all missing corporate in person worship together, but this does not mean that we can't praise and worship God at home. There are so many great worship songs available on the internet or why not dust off those old records / cassette tapes and CD's to play some of your favourites. You might have an old Salvation Army Songbook you can flick through. Why not have your own chorus time at home? Let me know your favourite chorus and I'll share it in next weeks newsletter.

2: Worship God in Prayer

And pray in the Spirit on all occasions with all kinds of prayers and requests. (Ephesians 6: 18, NIV)

It may sound obvious but a balanced prayer life means praising God in prayer and thanking Him for all that we have as well as presenting requests for others and world situations which weigh us down. Have you ever tried praying with your hands lifted up in the air to God or with your hands open rather than clasped? This may help you to receive from God as much as you hand over to Him.

3: Worship God in Living

So here's what I want you to do, God helping you: Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering. Embracing what God does for you is the best thing you can do for him. (Romans 12: 1-3, The Message)

Things can get boring and monotonous and very isolating being stuck inside - especially if alone. It is sadly a new normal in lockdown and yet God wants to bless it. What normal things can you invite God to be part of today? How might you add some special things to your day? Being stuck in might actually afford you opportunity to do something different and learn a new skill or hobby. Even treating yourself a little every so often may help to lift your ordinary. Perhaps its time to get out your favourite chocolate or take up exercise to loose weight?! Your 'normal' can be OK when you invite God into it. Remember to turn to Christ and also share with myself, family member or friend if your normal everyday is getting you down.

Hopefully in our praising, praying and living we will find the Son shining and we can proclaim; Then through the dark His bright rays come beaming, turning our darkness and fears all away.

God bless you,

Michael

Captain Michael J Kinnear, Commanding Officer

Chalk Farm Corps Hygiene Winter Hub

We are working with Camden's homeless provider, Routes off the Streets, to assist the street homeless in our local area. We offer an early morning service on **Mondays and Wednesdays (7am - 1pm)** and take referrals during the week.

We are providing warm showers and take-away hot food and drinks to the homeless community during lockdown alongside sleeping bags, emergency blankets and other essential items.



Always loved a Marine
Ices ice cream!
Lindsey Johnson

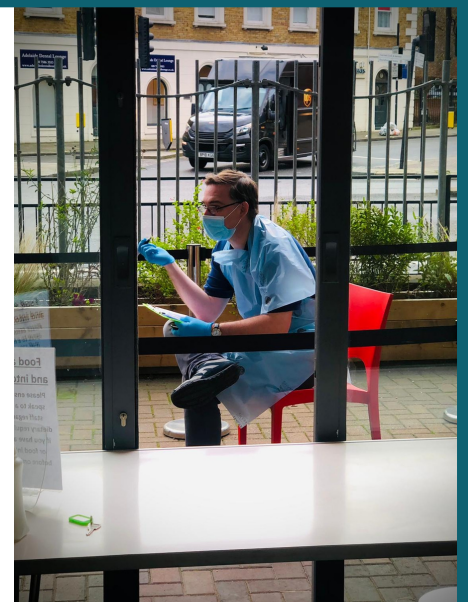
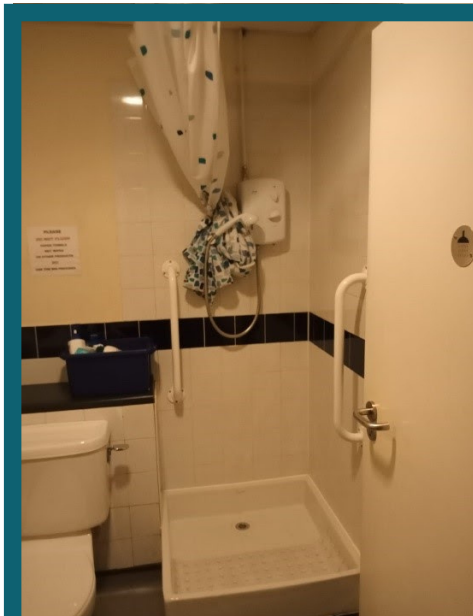
Brings back many
wonderful memories -
ice cream after band or
songsters, those were
the days!
Stuart Gotobed

Thumbs up!
Elizabeth Todd

Lush Lemon Sorbet!
Major Paul Scott

A nod to Marine Ices was unveiled this week as the scaffolding came down on the new development next door to our hall.

In 1931 Marine Ices founder and gelato pioneer, Gaetano Mansi, opened his first ice cream parlour in Camden, North West London. Marine Ices' iconic parlour in Camden became something of a landmark with queues of gelato devotees (travelling across London and beyond) lining up on hot summers days. Marine Ices moved from next door to 61 Chalk Farm Road. www.marineices.co.uk



Song of the week

All creatures of our God and King,
Lift up your voice and with us sing
Alleluia, alleluia!
Thou burning sun with golden beam,
Thou silver moon with softer gleam:

*O praise him, O praise him,
Alleluia, alleluia, alleluia!*

Thou rushing wind that art so strong,
Ye clouds that sail in heaven along,
O praise him, alleluia!
Thou rising morn, in praise rejoice,
Ye lights of evening, find a voice:

Thou flowing water, pure and clear,
Make music for thy Lord to hear,
Alleluia, alleluia!
Thou fire so masterful and bright,
That givest man both warmth and light:

Dear mother earth, who day by day
Unfoldest blessings on our way,
O praise him, alleluia!
The flowers and fruits that in thee grow,
Let them his glory also show:

Let all things their creator bless,
And worship him in humbleness,
O praise him, alleluia!
Praise, praise the Father, praise the Son,
And praise the Spirit, Three in One:

Francis of Assisi (1182-1226)
trs William Henry Draper (1855-1933)

On the internet

Sunday at 11am

Join Regent Hall corps for an online
Sunday meeting on YouTube:
www.youtube.com/user/ediprodv

Psalm 117

Praise the Lord, all you nations;
extol him, all you peoples.

For great is his love toward us,
and the faithfulness of the Lord
endures forever.

Praise the Lord.

On the television

Sunday at 1.15pm, BBC One

Songs of Praise Brenda Edwards visits
an outdoor “walking church” in east
London, and meets two award-winning
women whose charity, Wave, brings
those with and without learning
disabilities together in friendship.

On the radio

Sunday at 8.10am, BBC Radio 4

Sunday Worship: From All Saints',
Leighton Buzzard, Bedfordshire,
where Alexander Olleson, the BBC
Radio 2 Young Chorister of the Year
2020, sings solo and with the choir.

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